

QUALIFY FOR ZONES AT THE 1ST ANNUAL



**SWIM WITH THE
DOLPHINS MEET
AT THE RIDGEWOOD YMCA
SUNDAY, JANUARY 27, 2008**

MEET INFORMATION:

Time: Warm Ups: Girls: 8:30 am Boys: 8:50 am Start: 9:15 am

Place: Ridgewood YMCA, 6840 Ridge Road, Parma, OH 44129

Course: 25 Yard, 6 Lane Pool

Eligibility: All swimmers must be age 12 and under.

Age group is determined by age of swimmer as of December 1, 2007.

Rules: Official 2007-2008 NCAA Rules as stated in the NEO YMCA League

Entries: Swimmers may swim 4 individual events & 2 relays.

Entry Fees: \$3 per individual events and \$12 per relay

Deck Entries: \$5 per individual events and \$16 per relay

Time Trials: \$5 per individual events and \$16 per relay

Send Entries: Send all forms & payments made out to: **USA Ridgewood Y Dolphins to
Liz Krauth 7550 James Drive North Royalton, OH 44133**

Deadline: Postmarked by January 3, 2008

Questions: Call Liz Krauth 440-582-9727

Awards: Medals - 1st, 2nd, and 3rd place for individual events.

Ribbons - 1st - 3rd place for all relay events.

Ribbons - 4th - 8th place for all individual events.

Admission: \$2 for non-swimmers. Heats sheets sold for \$2

Concessions: Available throughout the meet. No glass or food in pool area or gym at anytime.

Coaches: Packets will be in the hospitality area upon arrival. Pick up your awards before you leave the meet.



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GIRLS #	EVENT	BOYS#
1	11-12 200 MEDLEY RELAY	2
3	9 -10 200 MEDLEY RELAY	4
5	8 & U 100 MEDLEY RELAY	6
7	11-12 200 FREESTYLE	8
9	9 -10 200 FREESTYLE	10
11	8 & U 100 FREESTYLE	12
13	11-12 100 INDIVIDUAL MEDLEY	14
15	10 & U 100 INDIVIDUAL MEDLEY	16
17	11-12 50 FREESTYLE	18
19	9 -10 50 FREESTYLE	20
21	8 & U 25 FREESTYLE	22
23	11-12 50 BUTTERFLY	24
25	9 -10 50 BUTTERFLY	26
27	8 & U 25 BUTTERFLY	28
29	11-12 100 FREESTYLE	30
31	9 -10 100 FREESTYLE	32
33	8 & U 50 FREESTYLE	34
35	11-12 50 BACK STROKE	36
37	9 -10 50 BACK STROKE	38
39	8 & U 25 BACK STROKE	40
41	11-12 50 BREAST STROKE	42
43	9 -10 50 BREAST STROKE	44
45	8 & U 25 BREAST STROKE	46
47	11-12 200 FREE RELAY	48
49	9 -10 200 FREE RELAY	50
51	8 & U 100 FREE RELAY	52

53	Boys and Girls combined	Time Trials all 50's
54	Boys and Girls combined	Time Trials all 100's
55	Boys and Girls combined	Time Trials all 200's
56	Boys and Girls combined	Time Trials all relays



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SUMMARY SHEET

Total Number of Entries (Girls) _____ @ \$3.00 per Event \$ _____
Total Number of Entries (Boys) _____ @ \$3.00 per Event \$ _____
Total Number of Girl Relays _____ @ \$12.00 per Relay Team \$ _____
Total Number of Boy Relays _____ @ \$12.00 per Relay Team \$ _____

Total Team Entry Fee \$ _____

Payment is due at time of entries.

Entry Deadline: January 4, 2008

Please make checks payable to the **USA Ridgewood Y Dolphins**

Mail all Entry Forms, Summary Sheet and Payment to:
Liz Krauth at 7550 James Drive North Royalton, OH 44133

Please provide an e-mail address so we can send you a confirmation that we received your entries: _____