

West Shore Christmas Cadet

December 14th, 2008

LOCATION	Carr Pool, 200 Woodland St, Oberlin Ohio 44074
COURSE	8 lane, 25 yd pool, Colorado Electronic Timing and Meet Manager will be used.
START TIME	Meet will begin at 11: 25 am Warmups 10:30 am – 11:10 am
ELIGIBILITY	Cadets/Mini Cadets -- 10 & unders ONLY-- DOB as of 12/1/08
ENTRY FEES	\$3.50 per individual event \$12.00 per relay Deck Entries will be \$5.00 per event and \$16.00 per relay. Coaches please send one check made payable to NEWS. Mail to: Rochelle Molnar 15261 Cowley Rd, Columbia Sta., OH 44028. Swimmers may enter up to (4) individual events and (2) relays.
DEADLINE	Entries MUST be received by Dec. 1st, 2008. December 5, 2008 Emailed TM format entries preferred. Email entries to westshorecoach@aol.com. Deck Entries will be accepted until 11:00 am, but deck entries will be closed earlier if heats and lanes are full.
QUESTIONS	Rochelle Molnar, 440-213-6816/ westshorecoach@aol.com
RULES	Current NEO YMCA/USA League Rules and Regulations apply. Only actual named/entered swimmer(s) may compete in their individual event(s), no replacements, name changes or substitutions will be accepted. TM Event file entry and Deck Entry names already in computer will be the only swimmers accepted.
AWARDS	Individual Events - Medals 1 st – 3 rd , Ribbons 4 th – 12 th Relays - Medals 1 st – 3 rd and Ribbon 4 th – 8 th
ADMISSIONS	\$2.50 admissions, Heat sheets \$2.50 (5 and under free)
CONCESSIONS	Full Concession Stand will be available. Swimwear & accessories will be available for purchase from Actionwear..
POOL RULES	Only swimmers, coaches & meet personnel will be permitted on deck. Footwear must be worn throughout the facility. NO balls will be permitted in the racquetball and pool areas.
CONDUCT	Coaches are responsible for the conduct and supervision of your swimmers. Please be responsible for the clean up of team areas. Swimmers need to always wear footwear in bldg..

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Event #	Event Name
1	Girls 10 & U 200 Medley Relay
2	Boys 10 & U 200 Medley Relay
3	Girls 8 & U 100 Medley Relay
4	Boys 8 & U 100 Medley Relay
5	Girls 10 & U 200 Free
6	Boys 10 & U 200 Free
7	Girls 10 & U 100 IM
8	Boys 10 & U 100 IM
9	Girls 10-10 50 Free
10	Boys 10-10 50 Free
11	Girls 9-9 50 Free
12	Boys 9-9 50 Free
13	Girls 8 & U 50 Free
14	Boys 8 & U 50 Free
15	Girls 8-8 25 Free
16	Boys 8-8 25 Free
17	Girls 7-7 25 Free
18	Boys 7-7 25 Free
19	Girls 6 & U 25 Free
20	Boys 6 & U 25 Free
21	Girls 10-10 50 Fly
22	Boys 10-10 50 Fly
23	Girls 9-9 50 Fly
24	Boys 9-9 50 Fly
25	Girls 8-8 25 Fly
26	Boys 8-8 25 Fly
27	Girls 7 & U 25 Fly
28	Boys 7 & U 25 Fly
29	Girls 10 & U 100 Free
30	Boys 10 & U 100 Free
31	Girls 10-10 50 Back
32	Boys 10-10 50 Back
33	Girls 9-9 50 Back
34	Boys 9-9 50 Back
35	Girls 8-8 25 Back
36	Boys 8-8 25 Back
37	Girls 7-7 25 Back
38	Boys 7-7 25 Back
39	Girls 6 & U 25 Back
40	Boys 6 & U 25 Back
41	Girls 10-10 50 Breast
42	Boys 10-10 50 Breast
43	Girls 9-9 50 Breast
44	Boys 9-9 50 Breast
45	Girls 8-8 25 Breast
46	Boys 8-8 25 Breast
47	Girls 7 & U 25 Breast
48	Boys 7 & U 25 Breast
49	Girls 10 & U 200 Free Relay
50	Boys 10 & U 200 Free Relay
51	Girls 8 & U 100 Free Relay
52	Boys 8 & U 100 Free Relay